

Somerset Integrated Health and Care Strategy

**Somerset County Council
Scrutiny for Policies, Adults and Health Committee**

26 January 2023



Somerset's initial integrated health and care strategy

The changes to the Health and Care Act 2022 enables health and care organisations to improve services and outcomes through stronger joint working, and to take shared responsibility for tackling growing health inequalities within their population.

The Act also made changes to NHS organisations and established Integrated Care Boards (ICBs) as statutory NHS organisations. These replaces Clinical Commissioning Groups when they were abolished under the Act on 1 July 2022.

The Act also required ICBs and partner local authorities to form a committee, the Integrated Care Partnership (ICP). A key accountability for the ICP is to produce an Integrated Health and Care Strategy, setting out how the assessed needs of the local population will be met, including that from Joint Strategic Needs Assessments (JSNAs). This includes social care, primary and secondary care, physical and mental health, and health related services across the whole population regardless of age.

As a system we have made significant progress through the programme work under the Fit for my Future direction. Building on this the ICP is actively working to progress an Integrated Health and Care Strategy.

This document is our initial Integrated Health and Care Strategy. This provides our strategic direction and key aspirations at a high level. We have based this initial strategy on our understanding of health and care needs across Somerset at this time. This document will develop over time, particularly as we do more work to understand our population health needs and engage with our key stakeholders, partner organisations, our patients and our public.

Councillor Bill Revans
on behalf of Somerset Integrated Care Partnership

Our Somerset ICS vision and strategy

Improving Lives is the Somerset strategy owned by the Health and Wellbeing Board. This sets out how we will work to deliver improvements for our population. We take the Joint Strategic Needs Assessment into account when defining the strategy.

The Integrated Health and Care Strategy will deliver the fourth element of Improving Lives and will guide our system planning and prioritisation.

Organisational strategies (for example, the clinical strategy, which underpins the merger of Somerset Foundation Trust and Yeovil District Hospital), will be set in the context of delivering our overall system strategy.

Ahead of the ICS launching, we refreshed the strategy and engaged with a number of stakeholders to make sure it was fit for purpose, what we learnt from Covid; ensuring the strategy is inclusive and covers all ages of our population and meets the requirements of the ICS. We are mapping transformation programmes across the system to identify where we have gaps and need to accelerate activities in order to deliver the strategy.

SOMERSET COUNTY VISION

We have a vision for Somerset. Over the next ten years, we want all organisations to work together as a partnership to create:

- A thriving and productive Somerset that's ambitious, confident and focused on improving people's lives
- A county of resilient, well-connected safe and strong communities working to reduce inequalities
- A county infrastructure that supports affordable housing, economic prosperity and sustainable public services
- A county and environment where all partners, private, and voluntary sector, focus on improving the health and wellbeing of all our communities



Working Vision for the Partnership

In Somerset we want people to live healthy independent lives, supported by thriving communities with timely and easy access to high quality and efficient public services, when they need them.

What are the obstacles to us achieving our vision?

1

THERE IS A LACK OF FOCUS ON POPULATION HEALTH AND PREVENTION

Healthy life expectancy is decreasing for some groups and we do not focus enough resource and attention on prevention and wellbeing

2

THERE ARE FRACTURED, CLUNKY PATHWAYS AND PROCESSES

Our pathways are disjointed and frequently too long, wasting time and resources for people, carers and colleagues, and negatively impacting the environment

3

TOO MUCH RESOURCE IS SPENT ON HOSPITAL CARE

We are overspent, with too much attention and resource spent on hospital care, and not enough on children's services, mental health and community based services

4

INEQUALITIES ARE WORSENING

We have worsening health inequalities, impacted by COVID, with some groups having life expectancy 10-20 years below others

5

THERE IS POOR CO-ORDINATION OF CARE FOR PEOPLE WITH COMPLEX NEEDS

People with complex needs have poorly co-ordinated care wasting time, and leading to worse outcomes



Somerset Integrated Health and Care Strategy

1

IMPROVE THE HEALTH AND WELLBEING OF THE POPULATION

Enable people to live socially connected, healthy, independent lives, promote early intervention and prevent avoidable illness

2

PROVIDE THE BEST CARE AND SUPPORT TO CHILDREN AND ADULTS

Ensure safe, sustainable, effective, high quality, person-centred support in the most appropriate setting

3

STRENGTHEN CARE AND SUPPORT IN LOCAL COMMUNITIES

Develop and enhance support in local neighbourhood areas and bring care and support closer to home

4

REDUCE INEQUALITIES

Value all people alike, target our resources and attention to where it is most needed, giving equal priority to physical and mental health







5

RESPOND WELL TO COMPLEX NEEDS

Improve outcomes for people of all ages with complex needs through personalised, co-ordinated support




Our approach to working together in Somerset ICS

-  Everyone plays their part by working together and removing barriers in order to create the conditions which promote healthy, connected communities
-  We live within our means, and use our resources wisely to create a sustainable system
-  We have trusting and collaborative relationships
-  Engaged colleagues drive innovation from within high-performing teams, with strong supportive leadership
-  Our processes and systems make it easy for us to do the right thing and to get it right first time
-  We focus on and measure, things that matter to people, carers and colleagues



Our enablers...



Excellent communication, quality improvement and learning are at the heart of our work

Our organisations deliver the right people, working differently, in a compassionate and inclusive culture

We all work on a single agreed strategy

We make the best use of our collective assets and resources

Our digital technologies are connected, driving access and information sharing across our organisations

We work in partnership with communities, the voluntary sector, carers and people with experience



Our Somerset model of care



Engagement

- One of the statutory requirements for the Integrated Care Strategy is the involvement of Healthwatch in the preparation of our strategy.
- Healthwatch will be supporting us to engage more fully with our patients and public and have developed an online survey and have been talking to people face to face at the following locations during January:
 - Street
 - Yeovil
 - Bridgwater
 - Frome
 - Taunton
 - Minehead
- There will also be an online survey published
- This is part of a wider engagement plan which is currently in development

Questions we are asking

- What keeps you, healthy and well?
- What gets in the way of you staying healthy and well?
- What do you think you need more of, either now or in the future, to stay healthy and well?
- What would your top 3 priorities be to ensure a healthy population in Somerset?
- What is needed to ‘Improve the health and wellbeing of the Somerset Population’
- What is needed to ‘provide the best care and support to adults and children, here in Somerset’
- What would you like to see in your neighbourhood that would make you feel more supported and cared for?
- If you are receiving care now what would make it feel more personalised to you?
- To make sure everyone is able to receive equal support from health and care services when needed – from your perspective, what needs to happen for us to achieve this goal?
- Increase the number of people who tell us that they live in a healthy, positive and safe place – from your perspective, what needs to happen for us to achieve this goal?
- What role can individuals, families and communities play to achieve these goals?

The Five Year Joint Forward Plan

- Statutory requirement for the ICB and partner NHS FTs to prepare a Five Year Joint Forward Plan (JFP) before the start of each financial year. **We have agreed in Somerset that this will be a system JFP covering health and care.**
- This will be a transition year, recognising that the time available to develop JFPs and Integrated Care strategies is shorter than desired
- A draft JFP must be shared with the HWBB, who must be consulted on whether the draft JFP takes proper account of the JSNA and Improving Lives strategy
- The JFP should describe how the ICB and FTs intend to meet the physical and mental health needs of our population through arranging and/or providing NHS services. This should include delivery of universal NHS commitments and address the four core purposes of the ICS.

The Five Year Joint Forward Plan

Principles of the JFP

Principle 1: Fully aligned with the ambitions of the wider system partnership

Principle 2: Supports subsidiarity by building on existing local strategies and plans as well as reflecting universal NHS commitments

Principle 3: Delivery focused, including specific objectives, trajectories and milestones as appropriate

Developing the JFP

- **Consultation** - Close engagement with partners to ensure the plan appropriately addresses the health, wellbeing and care needs of the local population and builds upon existing strategies and plans
- **NHS England** - will review draft JFP in March 2022. Formal assurance will be carried out as part of the NHS operational planning process.
- **HWBB** - Must involve the HWBB and they have a role in assuring that we take account of Improving Lives and the JSNA. The H&WBB must review and provide an opinion as to whether we have done so. This statement should be included when we publish the JFP.
- **Annual Update** - JFP should be published prior to the start of each financial year. We must revise it in year if necessary. For the first year publication will be June 2023

Timescales

